

REASSURANCE, RECOVERY & RESILIENCE

Presentations with Practical Tools To Help Meet the Needs of Our Canterbury Children

COME AND LEARN:

- The basics of brain development
- The effects of stress on our children and ways to help them through
- Uncover the biology of comfort
- Discover how nurture relates to resilience
- Experience how this understanding can enhance your parenting and life in general

6 VENUES & DATES THROUGHOUT CANTERBURY

FERRYMEAD HERITAGE PARK	Thursday 27th Oct 10am-12noon
DARFIELD RUGBY CLUB ROOMS	Tuesday 1st Nov 10am-12noon
KAIAPOI BAPTIST CHURCH	Wednesday 9th November 7-9pm
ARANUI PRIMARY SCHOOL	Saturday 12th Nov 10am-12noon
HORNBY WORKING MENS CLUB	Monday 28th Nov 10am-12noon
ST ALBANS/SHIRLEY WORKING MENS CLUB	Tuesday 6th Dec 7-9pm

These evenings are funded by the Tindall Foundation

